

HAVING A MEANINGFUL QUIET TIME WITH GOD

Pastor Steve Gallimore

One of the most important things you can do as a follower of Christ is spend time with Him. As a matter of fact, you will not grow as a disciple without it. Contrary to what many think, having a meaningful quiet time isn't hard, but it does take planning and preparedness. Most of all, it takes willingness and a desire to spend time with God. I tried for years to set aside a few moments first thing of the morning to read and pray, but it was mechanical at best.

But then I learned the secret: Ask God for the desire and not only will He give you the desire to meet with Him, but also the power to do it as well. Paul wrote,

"For God is working in you, giving you the desire and the power to do what pleases Him."
Philippians 2:13 (NLT)

So how do you start? First just do as Jesus instructed – A.S.K.

"Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. "
Matthew 7:7 (NLT)

Ask God for the desire to get up 15 minutes early as you start your day with Him.
Seek God with all your heart – to love Him, know Him, learn about Him, and live in His power.
Knock on the door of faith as you "work hard..." (Phil 2:12) and obey what He teaches you.

This guide is a simple tool which will assist you in your journey. Make a firm commitment not to miss a day for 21 days. That's about how long it takes to form a new habit. And don't be surprised that everything that can happen to disrupt your quiet time with God will happen. Satan does not want you to grow and he knows that a person spending time on their knees and in the Word is a dangerous foe!

This guide is taken from a devotional series I wrote a couple of years ago along with our staff called *POWER-UP*. Just follow the simple plan below and I can promise you this: God will show up, you will grow up, and you will certainly *POWER-UP* to meet the challenges of each and every day.

May God bless you as you take this next step of faith in your Christian journey.

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